

PK KB WVL 26: Session: 1: COACH Evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 08:00 untill 08:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maene Stefaan HEADCOACH

Coaches: Vandecandelaere Ann

Coaches: De Nolf Elina

Coaches: Vanpoucke Liesbeth

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M BUTTERFLY WOMEN 13+							Heat:1, starttime: 09:00	
Heat: 1/1 Lane : 2 Athlete: KIELB KORNELIA							Q-time: 03:00:18	
PB (25m pool): no time			PB (50m pool): 03:00.18SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+							Heat:3, starttime: 09:09	
Heat: 3/14 Lane : 4 Athlete: SCHRAMME ARTHUR							Q-time: 01:19:75	
PB (25m pool): 01:21.62 Diksmuide 28/12/2025				PB (50m pool): 01:19.75 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:37.93		01:21.62				
	00:37.93		00:43.69					
								

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+							Heat:4, starttime: 09:11	
Heat: 4/14 Lane : 3 Athlete: MICHELS LOUIS							Q-time: 01:16:30	
PB (25m pool): 01:17.22 Diksmuide 12/10/2025							PB (50m pool): 01:16.30SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:37.45		01:17.22				
	00:37.45		00:39.77					
								

Coach feedback:

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Event number: 2: 100M FREESTYLE MEN 11+					Heat:4, starttime: 09:11
Heat: 4/14 Lane : 6 Athlete: DURAND JACK					Q-time: 01:16:43
PB (25m pool): 01:23.18 leper 04/01/2026					PB (50m pool): 01:16.43 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.69		01:23.18	
	00:38.69		00:44.49		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:8, starttime: 09:18
Heat: 8/14 Lane : 7 Athlete: CALLEWAERT EBEN					Q-time: 01:06:57
PB (25m pool): 01:06.57 Zwevegem 31/05/2026					PB (50m pool): 01:08.01 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.56		01:06.57	
	00:32.56		00:34.01		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:10, starttime: 09:21
Heat: 10/14 Lane : 2 Athlete: VERSTRAETE HENRI					Q-time: 01:02:29
PB (25m pool): 01:03.02 Zwevegem 31/05/2026					PB (50m pool): 01:02.29 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.50		01:03.02	
	00:30.50		00:32.52		
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 09:29	
Heat: 1/10 Lane : 4 Athlete: DEVOLDER ALICE							Q-time: 03:21:92	
PB (25m pool): no time			PB (50m pool): 03:21.92 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 09:37	
Heat: 3/10 Lane : 8 Athlete: VAN TIEGHEM SUZAN							Q-time: 03:08:89	
PB (25m pool): 03:24.64 Diksmuide 28/12/2025				PB (50m pool): 03:08.89SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.25		01:48.96		02:40.29		03:24.64
	00:52.25		00:56.71		00:51.33		00:44.35	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 09:41	
Heat: 4/10 Lane : 1 Athlete: BEAUPREZ ELOISE							Q-time: 03:02:50	
PB (25m pool): 03:03.32 DIKSMUIDE 30/11/2025				PB (50m pool): 03:02.50 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.57		01:29.25		02:20.45		03:03.32
	00:40.57		00:48.68		00:51.20		00:42.87	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 09:41	
Heat: 4/10 Lane : 2 Athlete: LALOO PAULINE							Q-time: 03:00:81	
PB (25m pool): 03:13.21 DIKSMUIDE 30/11/2025				PB (50m pool): 03:00.81 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.93		01:28.80		02:26.85		03:13.21
	00:40.93		00:47.87		00:58.05		00:46.36	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 09:44	
Heat: 5/10 Lane : 7 Athlete: VINTER LOUISE							Q-time: 02:56:58	
PB (25m pool): 03:01.47 DIKSMUIDE 30/11/2025				PB (50m pool): 02:56.58 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.85		01:30.90		02:21.80		03:01.47
	00:43.85		00:47.05		00:50.90		00:39.67	
								

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 09:44	
Heat: 5/10 Lane : 8 Athlete: CALLEWAERT ANTHE							Q-time: 02:56:79	
PB (25m pool): 03:10.58 Veurne 19/10/2025				PB (50m pool): 02:56.79SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.46		no time		no time		03:10.58
	00:45.46							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 09:51	
Heat: 7/10 Lane : 4 Athlete: DEWITTE ELISE							Q-time: 02:42:48	
PB (25m pool): 02:42.48 Temse 17/11/2025				PB (50m pool): 02:42.83 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.08		01:15.79		02:07.47		02:42.48
	00:36.08		00:39.71		00:51.68		00:35.01	
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+							Heat:2, starttime: 10:06		
Heat: 2/5 Lane : 7 Athlete: MICHELS LOUIS							Q-time: 01:31:54		
PB (25m pool): 01:31.54 Diksmuide 08/02/2026							PB (50m pool): 01:32.16 SB: no time		
	2 5 M		5 0 M		7 5 M		1 0 0 M		
PB			00:44.35				01:31.54		
	00:44.35				00:47.19				
									

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+							Heat:3, starttime: 10:09	
Heat: 3/5 Lane : 1 Athlete: CALLEWAERT EBEN						Q-time: 01:23:65		
PB (25m pool): 01:23.65 Diksmuide 08/02/2026				PB (50m pool): 01:25.77 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:39.85		01:23.65				
	00:39.85		00:43.80					
								

Coach feedback:

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Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 11:17
Heat: 1/7 Lane : 5 Athlete: VAN TIEGHEM SUZAN			Q-time: 00:46:31
PB (25m pool): no time			PB (50m pool): 00:46.31 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 11:20
Heat: 3/7 Lane : 7 Athlete: DEVOLDER ALICE			Q-time: 00:40:68
PB (25m pool): no time			PB (50m pool): 00:40.68 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 11:21
Heat: 4/7 Lane : 0 Athlete: CALLEWAERT ANTHE			Q-time: 00:39:01
PB (25m pool): 00:41.48 WAREGEM 27/09/2025			PB (50m pool): 00:39.01 SB: no time
	2 5 M	5 0 M	
PB		00:41.48	
	00:41.48		
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 11:21
Heat: 4/7 Lane : 2 Athlete: LALOO PAULINE			Q-time: 00:38:30
PB (25m pool): no time			PB (50m pool): 00:38.30 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 11:23
Heat: 6/7 Lane : 0 Athlete: DEWITTE ELISE			Q-time: 00:34:49
PB (25m pool): 00:36.80 Temse 17/11/2025			PB (50m pool): 00:34.49 SB: no time
	2 5 M	5 0 M	
PB		00:36.80	
		00:36.80	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 11:23
Heat: 6/7 Lane : 9 Athlete: KIELB KORNELIA			Q-time: 00:34:67
PB (25m pool): 00:34.67 DIKSMUIDE 30/11/2025			PB (50m pool): 00:34.95 SB: no time
	2 5 M	5 0 M	
PB		00:34.67	
		00:34.67	
			

Coach feedback: